

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Color Code Exercise Transportation Social Events Seminars			1 9:30 - Stretch & Balance 10:00 - Crochet Group 3:00 - LRC	2 11:00 - Aqua Aerobics 12:00 - Chair Yoga 1:00 Event Commitee Meeting	3 12:30 - Pinochle Club 1:00 - Chair Zumba 3:00- Bingo with snacks	4 11:00 Walking Group 12:00-2:00 Open Swim 2:00 - 250th Anniversary Cookout 5:00 - Resident Led Game Night with snacks
5 3:00 - LRC (Left, Right, Center)	6 9:00 - Men’s Coffee Club 11:00 Trader Joe’s 12:00 - Chair Zumba 3:00 - Bingo	7 10:00 - Functional Training 11:00 - Aqua Aerobics 12:00 - Chair Yoga 4:30-6:30 Open Swim 6:00- Mahjong	8 9:30 - Stretch & Balance 12:45 William Sandford Library 3:00 - LRC	9 11:00 - Aqua Aerobics 12:00 - Chair Yoga 2:00 - Creative Crafts	10 10:30 - Book Club (The Plot) 12:30 - Pinochle Club 1:00 - Chair Zumba	11 11:00 Walking Group 12:00-2:00 Open Swim 5:00 - Resident Led Game Night
12 3:00 - LRC (Left, Right , Center) 5:00- Movie Night	13 9:00 - Men’s Coffee Club 1:00 - Chair Zumba 3:00 - Bingo	14 10:00 - Functional Training 11:00 - Aqua Aerobics 12:00 - Chair Yoga 4:30-6:30 Open Swim 6:00- Mahjong	15 9:30 - Stretch & Balance 10:00 - Crochet Group 1:00 - Birthday Party 3:00 - LRC	16 11:00 - Aqua Aerobics 12:00 - Chair Yoga 4:00 Trivia	17 11:00 O’Slattery’s 12:30 - Pinochle Club 1:00 - Chair Zumba 3:00- Bingo with snacks	18 11:00 Walking Group 12:00-2:00 Open Swim 12:00pm-9:00pm Great Room Reserved
19 3:00 - LRC (Left, Right, Center) 5:00- Movie Night	20 9:00 - Men’s Coffee Club 11:00 Market 32 1:00 - Chair Zumba 3:00 - Bingo	21 10:00 - Functional Training 11:00 - Aqua Aerobics 12:00 - Chair Yoga 4:30-6:30 Open Swim 6:00- Mahjong	22 9:30 - Stretch & Balance 10:00 - Crochet Group 1:00 New Resident Welcome Party 3:00 - LRC	23 11:00 - Aqua Aerobics 12:00 - Chair Yoga 2:00 - Cornhole	24 12:30 - Pinochle Club 1:00 - Chair Zumba 3:00- Bingo	25 11:00 Walking Group 12:00-2:00 Open Swim 5:00 - Resident Led Game Night
26 3:00 - LRC (Left, Right, Center) 5:00- Movie Night	27 9:00 - Men’s Coffee Club 12:00 - Chair Zumba 3:00 - Bingo	28 10:00 - Functional Training 11:00 - Aqua Aerobics 12:00 - Chair Yoga 3:00 - Ice Cream Social 6:00- Mahjong	29 9:30 - Stretch & Balance 3:00 - LRC	30 11:00 - Aqua Aerobics 12:00 - Chair Yoga	31 11:00 Chili’s 12:30 - Pinochle Club 1:00 - Chair Zumba 3:00- Bingo	